

WALK No. 3

A walk around Knocknaveen (2 hours max.)

A straightforward walk with good underfoot conditions. Normal footwear will be adequate.

Follow route of Walk No. 1 as far as metal gate 'A'. Continue on straight. On your left is Knocknaveen (729 feet) which will remain on your left throughout the walk.

After about half an hour you will meet a better road and turn left. (This is point 'B' referred to in Walk No. 4). Continue on for about 5 minutes with Knockmore and small lakes on your right. (Where the road becomes zig-zag is where the track on right for walk No. 4 to Knockmore starts).

Continue on road you have been on. Note here evidence of potato lazybeds of famine times. The road descends and passes the Abbey, where Grace O'Malley is believed to be buried, and the Church. Continue on past the Church until you meet the main road which will, on turning left, return you to starting point in about 45 minutes.

